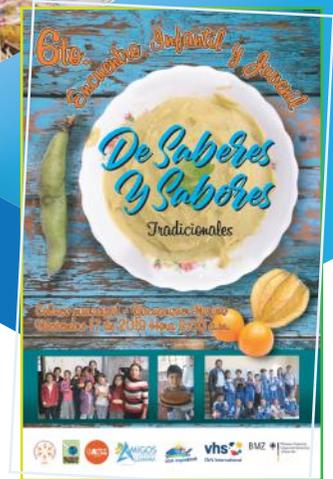




# NEWSLETTER Heirs Of The Planet

Heirs of the Planet is a social process composed of children and young people from rural areas of the department of Nariño Colombia who develop community actions to improve their living conditions through the conservation of biodiversity, water sources, ecosystems and the recovery of peasant and indigenous traditions supported by the associative Mingas and the ADC Peasant Development Association.



Photos: Gualmaventura Heirs of the Planet (Left) Promotional Poster of the Event (Right) © ADC File.

## Heirs of the Planet lead recovery of seeds, products and traditional knowledge.

In Yacuanquer Nariño, the sixth annual edition of the "Children's and Youth Meeting of Traditional Knowledge and Flavors" was held as a result of a process of recovering traditional practices and recipes for a healthy and diverse diet for rural communities. As in previous meetings, each of the 20 groups of Heirs of the Planet participating in the event investigated for several months the traditional cooking knowledge and chose two food products from their orchards to make preparations such as delicious carrot cakes, arracacha bread, coffee cakes, barley meatballs, among other local dishes. The recipes were presented in the main coliseum of Yacuanquer, where inhabitants of this municipality were able to taste these gastronomic samples. The meeting that brought together about 560 people was

preceded by the local authorities represented by the municipal mayors of Yacuanquer and Consaca and other entities. Each assistant group was awarded a prize in recognition of the effort and dedication in this process and as an encouragement to continue participating in these actions in favor of the peasant and indigenous territories of the department of Nariño. Another activity in which the Heirs of the Planet promoted the recovery of seeds and agricultural products was the "Technical Cycle for Rural Youth" an educational event that took place in three working days at the Peter Busmann Training Centre in Yacuanquer with the participation of 25 young people from different communities.

## The Birds, an opportunity to take care of nature and raise awareness of communities

By: Catalina Jojoa Bonilla (14 years old)  
Los Tucanes de La Cocha Heirs of the Planet



In November 2019 I participated as Heir of the Planet in two wonderful gatherings called bird watching festivals. The first bird festival took place on the Tacuaya sidewalk, the place of work of the Minga Asorchid Partnership, in this event I was as an assistant along with 90 children and young people from different places of Nariño, where we met bird species that are better suited to warm climates such as parrots and partridges which are not found in the lagoon of La Cocha, the place where I live. It was a fascinating experience to share with my fellow Heirs of the Planet and with participants from Ecuador and a birdwatcher from England.

Likewise, I participated as an organizer of the eighth "Community Festival of Birds of the Ramsar Wetland Laguna de La Cocha". I really like these events because people come from other places come to visit us at the municipality of El Encano and contemplate the beautiful Laguna de La Cocha. At the festival I took care of the artistic part to elaborate figures of birds with clay, also I participated in one of the observation routes, where we recorded about 30 species of birds and with my fellow Heirs of the Planet we presented for the first time our youth short film called "The Legend of the Creation of La Cocha". Finally, we walked by the sidewalk of Saint Lucia, a place where there are two large towers built in wood of 25 meters high that symbolize the peace and solidarity that must reign in our territory. I am happy that my community has had the honor of once again holding this great bird watching festival, and I am proud to have collaborated with the development of the event that allowed us to study birds and sensitize all people to continue caring for nature.



Photos: Bird Festival of Tacuaya © ADC File



Photo: La Cocha Eighth Bird Festival © ADC File

## Community strategies between the two partner nations: Ecuador and Colombia

By: Camilo Alexander Hidalgo (22 years old)  
Los Tucanes de La Cocha Heirs of the Planet



Photo: Binational School of Agroecology. © ADC File

I am a young peasant who lives in the Laguna de La Cocha, thanks to the process of Heirs of the Planet I have been able to participate in many meetings of popular education that have been very useful for my life. The events that have caught my attention the most are workshops and training days that are held jointly with people from Ecuador and Colombia, knowing experiences of the neighboring Ecuadorian country has filled me with knowledge about our region. This is how I was able to graduate from the "Binational School of Agroecology: Citizen Participation for the Defense of the Colombo-Ecuadorian Territories", I am very happy to have participated in this event.



Photo: Binational Christmas Count of Birds 2019. © ADC File

In December 2019 I was also part of the group of Heirs of the Planet that attended the "Binational Christmas Count of Birds", held in the town of Chilma Bajo in the province of Carchi, Ecuador. It was very joyful to participate, not only to observe birds, but also to meet many people from whom I learned new things. This meeting motivated me to continue with the activities of my group and continue to strengthen the relations between communities of the two partner nations: Ecuador and Colombia.

Newsletter Team Heirs of the Planet: Vicente Revelo (ADC Director), Marta Ortega (Administrative Coordinator), Carmen Villota (Heirs of the Planet Coordinator), Alejandro Mendoza Santacruz (Redaction), Catalina Jojoa (Columnist), Camilo Hidalgo (Columnist), Digital Print (Graphic Design). 2020.

